

# Welcome to Take Flight

We imagine this might be your **FIRST TIME** at a show for babies, so we want to tell you about the performance so that you know what to expect and are relaxed ... and then, hopefully, the babies will be relaxed too.

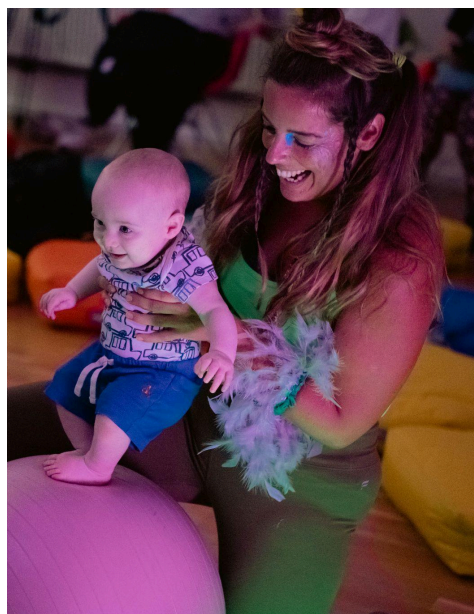
**SEATING:** The doors will open just before the show starts so we don't have babies waiting for too long. Ines, one of our performers will welcome you and show you to your seats. When we go inside there are:

- cushions on the floor for you to sit on with your baby
- chairs at the back and at the sides if you're not comfortable sitting on the floor.
- containers with props that you will interact with during the show



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**DURATION:** The show itself lasts between 30 and 35 mins, the exact length depends on how the babies respond and how much they laugh. It's then followed by a 15 minute play session where the babies can explore the set and have a swing in the silks.



**RESPONSES:** During the show, however the babies respond

- laughing
- commenting (if they're talking)
- sleeping
- feeding (breast feeding is fine)
- shouting out

is fine - we want them and you to be as comfortable as possible.

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**STAGE INVADERS:** The only thing we do ask is if your little one tries to come up on stage, if it's HUMANLY possible to stop them, that would be great - but we're aware that small people are small and fast and very determined and, if there are any stage invaders, the performer will pass or lead them back to you.

*Or if a small fast and very determined person does break away from you PLEASE jump up and fetch them back as quickly as you can and don't worry about that being a distraction.*

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**CRYING/UPSET:** We don't often have babies crying during the show but, if anyone should get upset, what we often find is that going and standing at the back for a minute or two usually works to calm them down. If not, take them outside and then feel free to come back in once they've calmed down.

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**PHOTOS:** We do ask that you don't take photos during the show itself because this can be quite distracting for the performer and for the babies, but you're very welcome to take photos of your own little one during the play session.

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**HAZE:** Haze is used in the show. It is non toxic and completely harmless. It is used as a way to see the lights we are using more clearly in the space.

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**INTERACTION:** There will be moments in the show where the performers might interact with your babies and moments that you can use the sensory props to interact with your baby. Don't worry if a baby puts something in their mouth- the items have been washed.

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**AGE LIMIT:** We want the babies to have a great first experience of theatre, so we've set our age guidance to reflect this. The show is in a very new environment for a lot of little ones (and their parents!) so this means we don't want our very youngest audience members to be overwhelmed by children who might be slightly too old for the performance.

**KEEP A WATCHFUL EYE!!!!** During the play session, do please keep a close eye on your little one ...

Most of all, we hope you enjoy the show ... so WELCOME TO TAKE FLIGHT.