

Let's PLAY!



Every Tuesday

From 28th April - 2nd June 2026

★ 10.00 am -11.00 am
12-24 months and their main caregivers

★ 11.30am-12.30pm
6-12 months and their main caregivers

★ 13.00pm-14.00pm
0-6 months and their main caregivers

How do I get involved?

The sessions are free, but are offered on a referral basis through your GP, Health Visitor, Social Prescribing Link Worker or through other partner organisations. You can also refer yourself if you feel you would benefit from the programme. **If you would like to know more about taking part, please email:**

info@theatrehullabaloo.org.uk or ring 01325 405680 for a friendly chat about the sessions.

"We really enjoyed the sessions and looked forward to them each week. It's the first playgroup I've been to so it really gave me the confidence to attend others and it's given me plenty to do with my child at home to keep them entertained!"

Kay, Let's Play
Participant, Sep-Oct
2024

Location

The Hullabaloo, Borough Road, Darlington, DL1 1SG

Theatrehullabaloo.org.uk



Theatre Hullabaloo is one the UKs leading children's arts charities, we want to bring creativity into the life of every child.



Referral:



Self-Referral:



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Why is play important?

Theatre Hullabaloo run these fun sessions at their venue The Hullabaloo and at Family Hubs across Teesside as they are experts in creative play and they want to share this knowledge with as many parents and caregivers as possible. Play is your little one's way of learning about the world around them. When your child hears, sees, touches, tastes or smells something, messages are sent to the brain and important connections are created.

As well as being great for your child, learning new skills, talking about parenting with other parents and carers and having some fun are all really important for you too. We finish every session with a chance to chat over refreshments for you and your little one.

At the end of the six weeks, every parent or caregiver will get to take away a 'Creative Play Pack' home with them filled with creative goodies and guidebook to play, so they can continue the fun long after the sessions end.



DID YOU KNOW?
It takes approximately 400 repetitions to create a new synapse in the brain, unless it is done in play, in which case it only takes 10 to 20 repetitions.

